



EMERGENCY PREPAREDNESS SUPPLIES & CHECKLIST

Water

- Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount. Children, nursing mothers, and ill people will need more.
- Store one Gallon of water per person per day. Don't forget your pets.
- Keep at least a three-day supply of water per person (two quarts for drinking, and two quarts for food preparation and sanitation). Change this water every six-months.
- Use household liquid bleach to kill microorganisms. Use only regular household liquid bleach that contains 5.25 percent sodium hypochlorite. Do not use bleaches that are scented, color safe, or have added ingredients.
- Add 16 drops of bleach per gallon of water; stir and let stand for 30 minutes. If the water does not have a slight bleach odor, repeat the dosage and let stand another 15 minutes.
- The only agent used to treat water should be liquid household bleach. Other chemicals, such as iodine or water treatment products sold in camping or surplus stores that do not contain 5.25 percent sodium hypochlorite as the only active ingredient are not recommended and should not be used.

Item	SKU	Location
Water - 1 gallon	1229	16A4
Bleach - 1 gallon	1498765	15A6
Bleach - 2 qt	1498674	15A6

Food

- Ready-to-eat canned meats, fruits, vegetables
- Canned juices, milk, and soup
- Sugar, salt, pepper
- High energy foods such as peanut butter, jelly, crackers, granola bars, and trail mix; foods that will not increase thirst.
- Foods for infants, elderly and any special dietary needs.
- Comfort/stress foods: cookies, hard candy, sweetened cereals, lollipops, instant coffee, and tea bags
- Pet food: one ounce per animal pound per day
- Avoid foods such as rice, pasta and dry beans that require a lot of water to prepare
- Restock your food once a year

First Aid Kit

- First Aid Handbook
- Sterile adhesive bandages in assorted sizes (*Aisle Mid11*)
- Assorted sizes of safety pins (*SKU 9204892, Aisle MA10*)
- Cleansing agent/soap (*Aisle 15A7*)
- Latex or nitrile gloves (*Aisle 21A5*)
- Sunscreen
- 2-Inch sterile gauze pads (4-6)
- 4-Inch sterile gauze pads (4-6)
- Triangular bandages (3)
- Non-prescription drugs: Pain relievers, etc (*Aisle MA10*)
- Various roller bandages
- Scissors (*Aisle W3*)
- Tweezers (*SKU 222030 Aisle DTP2*)
- Needle (*SKU 241 Aisle MA10*)
- Moistened towelettes (*SKU 803602 Aisle MID11*)
- Antiseptic (*Aisle Mid11*)
- Thermometer
- Tongue blades
- Petroleum jelly
- Adequate supply of prescription medication

First Aid Kit (Various) – Aisle MID11

Tools and Supplies

- Paper cups, plates, and plastic utensils (*Aisle 22B5*)
- Battery operated radio (*SKU 6238588 Aisle MA11*)
- Flashlight (*Aisles MA2-MA4*)
- Extra batteries (*Aisle BATT*)
- Cash in case the banks are closed
- Manual can opener (*SKU 6238588 Aisle MA11*)
- Utility Knife (*Aisle 4B5*)
- Fire extinguisher (*Aisle MID15*)
- Pliers (*Aisle W8*)
- Tape (*Aisle 18A2*)
- Waterproof matches (*SKU 6238588 Aisle MA11*)
- Aluminum foil (*SKU 6017529 Aisle 15A3*)
- Plastic storage containers (*Aisle BW31-36*)
- Signal flare
- Paper, pencil (*Aisle MA9*)
- Needles, thread (*SKU 9092701 Aisle MA10*)
- Medicine dropper
- Gas/Water Wrench (*SKU 47513 Aisle MA11*)
- Camp stove or barbeque and cooking fuel (*Aisle 22B7*)
- Waterproof, heavy-duty bags (*SKU 670 Aisle 14A1*)

Sanitation

- Toilet paper (*SKU 6201842 Aisle 14B3*)
- Soap, liquid detergent (*Aisle 15A7*)
- Feminine supplies
- Plastic garbage bags with ties (*Aisle 14A1*)
- Plastic bucket with lid (*SKU 177140 Aisle BW20*)
- Disinfectant
- Household chlorine bleach (*SKU1498765 Aisle 15A6*)
- Poop bags & scooper for pets (*SKU 8199788 Aisle 14A4*)

Center Hardware & Supply Co., Inc

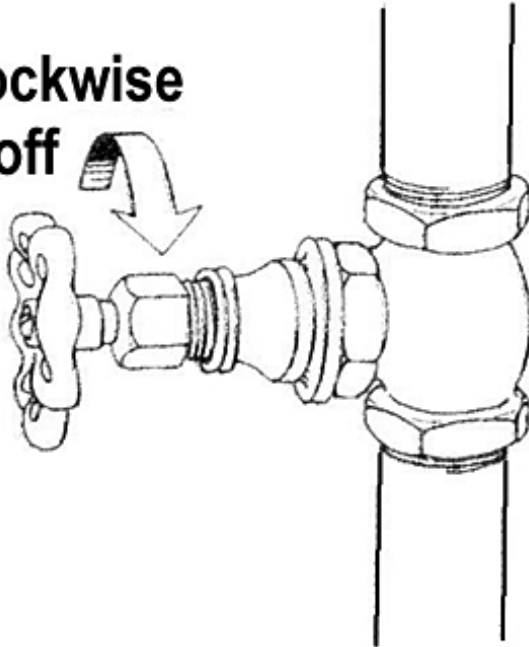
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Clothing and Bedding

- Sturdy shoes or work boots
- Rain Gear (*Aisle 20A3-6*)
- Blankets or sleeping bags
- Warm clothing
- Sunglasses and spare eyeglasses

WATER SHUT OFF

Turn clockwise
to shut off



San Francisco Cell Phone
Emergency/Ambulance

415-553-8090

California Poison Control

800-222-1222

Animal Care and Control

415-554-6364

Documents

- Will, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods
- Important telephone numbers
- Family records

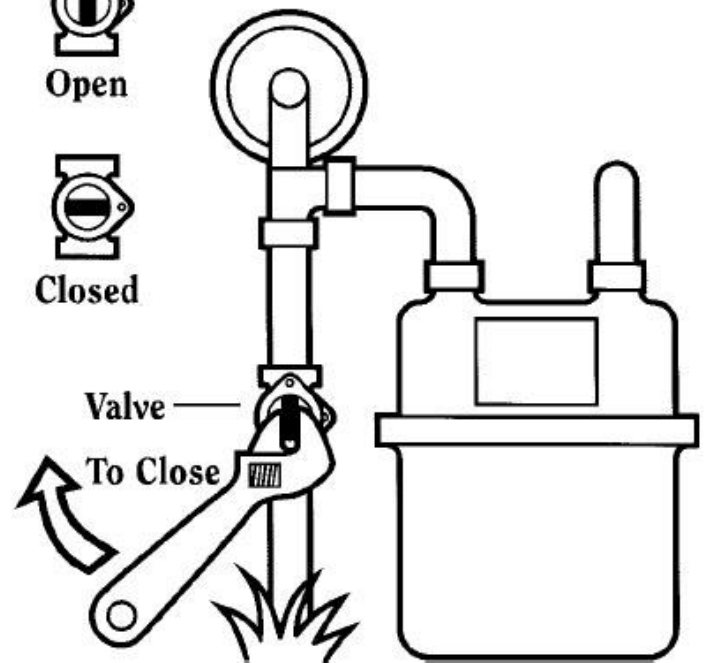
GAS SHUT OFF



Open



Closed



**American
Red Cross**

USGS
science for a changing world



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